

4

Sharing the Lesson

Carry His Cross

Give each child two tongue depressors or craft sticks and 30 inches (76 centimeters) of yarn. Ask them to make a cross by putting one stick over the other and wrapping one end of the yarn over and under where the sticks touch in the center. Tie a knot to hold the sticks together. Then tie the other end of the string to it to make a loop to hang the cross. Have the children use the markers to write "Carry each other's burdens" on the horizontal stick (see illustration below).

Debriefing

Allow responses as you ask: **Can you think of someone who is having a**

hard time with burdens or problems? You can share the cross you made with them as you tell them about how you and Jesus love them. Ask what you can do to help them when you share this cross with them. Maybe you could start by offering to pray with them. Plan to do this soon. Be ready to tell us about it next week. Let's remember:



WE CAN HELP OTHERS CARRY THEIR BURDENS.

Closing

Say: **Let's pray together about some of the burdens people have and that Jesus will help us do what we can to make life easier for them, as Simon did for Jesus.**

You Need:

- craft sticks or tongue depressors
- yarn
- scissors
- markers

